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COMMEMORATIVE PROGRAMME

Cheshire Woman of the Year 2022 ----







Cheshire Woman of the Year

Presentation Lunch

at

The Long Room

Chester Racecourse, Chester

on

Wednesday 15th June 2022





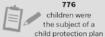


Keeping children safe in Cheshire



recorded by police last year

What's happening?







Taking action to

protect children

Our helpline responded

to almost

85,000 contacts last

year from people with

concerns about a child's welfare across

the UK

We made 1.037

referrals from our

helpline to local

agencies like the police

and children's services

How we have helped children during the pandemic

schools



In 2020/21, we delivered the Speak out. Stay safe. online programme to 1,600 schools across the UK



We ran two live assemblies to children all across the UK whilst schools were closed

Giving children a voice



On average, a child somewhere in the UK contacts Childline every 25 seconds



In 2020/21 our Childline volunteers delivered over 200,000 counselling sessions to children and young people



We estimate around 3,200 of these children lived in Cheshire

Supporting the community to change childhoods



We're working with O2 to keep children safe online via our Net Aware site offering practical advice and tips



Our resources and guidance help coaches, sports clubs and community groups in Cheshire keep children safe



We've worked with Cheshire to help more parents talk PANTS and

keep children safe

Face-to-face support for families



Helping children recover from abuse and working with families to prevent abuse



In 2020/21 we worked directly with 958 children and families in North West England



We gather evidence and share the learning so other organisations can

communities like yours

help more children in

We can only keep doing this with your support. Join us at nspcc.org.uk

EVERY CHILDHOOD IS WORTH FIGHTING FOR





From the Chair of the Cheshire Woman Award Society

Welcome to the 34th Cheshire Woman of the Year Lunch, an annual event to honour you all - the inspiring women of Cheshire. You have been nominated from every walk of life to celebrate your personal courage, outstanding professional achievement or service to the community in which you live over the past 3 years. There is a remarkable story about each and every one of our Women of the Year; some are well documented and publicised and some are private. All are equally worthy. You enrich our lives. This prestigious occasion is a small way for Cheshire to acknowledge your achievements and to thank you all.

Today's event not only honours some very special women it also raises funds to support the NSPCC in their work with children and families in Cheshire. We would not be able to hold this occasion or raise funds for the NSPCC without the generous support of many individuals and organisations. Please support the businesses in this programme if you can. We are especially grateful to Jenkinsons and Mornflake, our headline sponsors, and Chester Racecourse for their support and for allowing us to hold this event in such beautiful surroundings.

I would also like to take this opportunity to give my personal thanks to members of the Cheshire Woman Award Committee who give their time and skills so generously. They have worked throughout this past year planning and preparing for today. They have amazing enthusiasm and commitment and without them this memorable day would not happen. Thank you all!

Sylvia Cheater MBE, Chairman - Cheshire Woman Award Society

Cheshire Woman Award Society Committee Members 2022

Alison Blackler	Terry Cochran	Deborah Sefton
Sarah Carroll	Wendy Giardelli	Caroline Swailes
Sylvia Cheater MBE	Christine Owen	Jan Vaughan
Becky Cummins	Debbie Parry	Diana Woodward MBE

www.cheshirewomanaward.org.uk









Discover more at mornflake.com

Programme

12.00pm Welcome Reception with our honoured guests

Music by Annie and Keith Jazzy Duo

1.00pm Lunch is served

Grace: Alison Blackler

2.10pm The Loyal Toast

2.20pm Pray silence for... **Sylvia Cheater MBE, Chairman**

Presentation to the

Cheshire Woman of the Year 2022

Guest of Honour: Rachel Burden

3.20pm Raffle Draw







At West House, we are pleased to be able to offer digital impressions with our new mouth scanner.

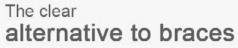
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Menu

MAIN COURSE

Roast Chicken Breast and Herb Crushed New Potatoes

buttered pod vegetables and a light chicken jus

DESSERT

Eton Mess

crushed meringue, lemon curd, berries and chantilly cream

Coffee and Fudge





Our Sponsors and Supporters

We couldn't do it without you ...

We are most grateful to the individuals and businesses from all parts of Cheshire who have helped us. Without them this very special event would not happen and we would not be able to raise funds for the NSPCC.

We would like to thank:

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www.alanhoward.co.uk

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www.chestertownhouse.com/ secret-garden-chester

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All our sponsors can be found on our website

www.cheshirewomanaward.org.uk

Our sincere appreciation to them all

Cheshire Woman Award Society Committee





Surname	First Honou	r Area	Category	Profile
Bedson	Liz	Crewe	Comm	Set up group helping stroke survivors to regain confidence
Bentley	Angela	Altrincham	Prof	Therapist supporting mental, physical & emotional wellbeing
Bibby	Leila	Chester	Prof	A figurehead in premature baby care and charitable funding
Butterworth	Amy	Birkenhead	Comm	Co-founded retail opportunities promoting well-being and inclusion.
Charlton	Victoria	Prenton	Pers Cour	Amazing resilience, courage and community support
Clayton	Karen	Macclesfield	Prof	Inspiring, compassionate Macmillan nurse
Collins	Rebecca	Wincham	Comm	Turned her treatment room into a PPE sewing room
Crimmins	Janine	Macclesfield	Prof	Garden designer with 4 Best in Show gold medals at Chelsea
Currie	Claire	Wirral	Prof/Comm	Single mum of 2, successful lawyer and firm's 1st female managing partner
Dabek	Gill	Moreton	Comm	Selflessly set up Moreton Outreach Project
Davis	Penny	Cheadle	Prof/Comm	Dedicated support to women in business
Dixon	Deborah	Tarporley	Pers Cour/Comm	Founded Aaron James Dixon Fund
Donnelly	Chloe-Mairead	Winsford	Prof	Master of 9 languages and advocate for her students
Duff	Julie	Hartford	Comm	Powerful lead for Downs Syndrome and CWAC Parent Forum
Fletcher	Sallie	Chester	Comm	Dedicated supporter of the deaf community
Finlay	Pauline	Saughall	Prof	Specialist homeless nurse supporting the most vulnerable
France	Sue	Hartford	Prof/Comm	A forceful, strong empower of women
Gallier	Jessica	Port Sunlight	Prof/Comm	Founded The Martin Gallier Project to prevent suicide and support families
Gapare	Codilia	Northwich	Comm	Invented false eyelashes for cancer patients
Goaten	Clare	Moreton	Prof/Comm	Driver of cultural change in her teaching work place
Hughes	Christine	West Kirby	Pers cour	Courageously tackles personal challenges
James	Kirsty	Lymm	Prof/Comm	Community, charity and business champion
Jeffs	Tanya	Wallasey	Prof	Inspirational teacher working tirelessly for SEN children and advocate for the most vulnerable
Jones	Becky	Bromborough	Comm	Created a fantastic scouting community, maintained during the pandemic
Katona	Nisha MBE	Prenton	Prof	Founder of the Mowgli Street Food restaurants and charity



Surname	First	Honour	Area	Category	Profile
Kay	Rachel		Macclesfield	Prof	A transformational leader in education
Lewis	Rita		Ellesmere Port	Comm	Working with food suppliers to redistribute to those in need
Link	Sandra		Crewe	Comm	Developed numerous inclusive social initiatives and charities
Livingstone	Kelly Anne)	Macclesfield	Prof/Comm	Exceptional professional in residential care
Lundon	Barbara		Meols	Comm	Raised £20,000 in 6 weeks for Ukranian refugees
Luscombe	Lisa		Upton, Wirral	Prof	Co-created boutique, showcasing 40+ small business. Through lockdown delivered gifts to keep spirits up
Maczewski	Doreen		Hazel Grove	Comm	Active and dedicated fundraiser for NSPCC
Marr	Ann	OBE	Warrington	Prof	Outstanding leadership in the NHS
Martin	Gina		Cheshire	Comm	Campaigner for women's safety
Maurice	Kate		Macclesfield	Comm	Retired commercial pilot turned entrepreneur
Mollart	Helen		Haslington	Comm	Dedicated organiser of community events
Neame	Fiona		Chester	Prof/Comm	Transformational work with Chester Womens Aid
Parkinson	Helen		Port Sunlight	Prof	Long NHS nursing career; innovative thinker in St Johns Hospice.
Parr	Alison		Congleton	Comm	Founded Ruby's Fund Charity for SEN families
Parrish	Dianne		Chester	Comm	Founder of Chester Frosties wild water swimming group
Phillips	Aly		Manley	Prof/Comm	Successful business woman, empowering others to set in business
Rippon	Suzanne		Upton, Wirral	Comm	Supported families during the pandemic with food & clothing
Roskams	Victoria		Whitby	Prof/Comm	Founded social enterprise for young people, ex-forces and their families
Ross	Yvonne		Heswall	Prof/Comm	Innovative counsellor / psychotherapist
Ross-Davies	Patricia		West Kirby	Pers Cour/Comm	Personal courage and passionate fund raiser
Verdin-Walsh	Kate		Wirral	Prof	Co-founder of boutique, showcasing 40+ small business unable to have own shop
Watts	Jackie		Bromborough	Comm	President of Wirral Municiple Past Lady Golf Captains
Westwood	Sue		Sale	Pers Cour/Comm	Ambassador for Carbon Monoxide Safety Charity
Youngman	Christine		Heswall	Comm	Brings joy through community music



* Categories: Prof - Professional Achievement Comm - Community Service Pers Cour - Personal Courage









Jazzy Duo

Annie Long and Keith Singleton are both ex-teachers with a wide variety of musical experience between them. Annie started on the folk scene in London graduating to cabaret, musical theatre and eventually the jazz scene. Keith had classical training and has played guitar in every genre from big bands to his own blues, rock and jazz combos.

They both perform locally, either together as a duo, or with other musicians. Recent venues include the The Williamson Art Gallery in Birkenhead, Nantwich Jazz Festival, Frodsham Arts Centre and Heswall Hall. They currently have a fortnightly Sunday residency at The Liberty Bell Coffee, Birkenhead and Keith has his own Trio on alternate Friday afternoons in the Panoramic Lounge at New Brighton Floral Pavilion.

They are available for private functions.

Annie Long Tel. 07773 515175 annie_long@ntlworld.com

Keith Singleton Tel. 07762 578968 keithjs@live.co.uk





Rachel Burden

The Cheshire Woman Award Committee is delighted to welcome Rachel as our guest for the first time. It has become somewhat of a tradition for presenters from BBC North West to join us at the annual awards ceremony. We are extremely grateful for their support and delighted that 2022 is Rachel's turn after the somewhat enforced break during the past 3 years!

Rachel was born in Marlow, Buckinghamshire. Her mum worked full time looking after five children, and her dad was a journalist. Rachel has always had a love of radio and after studying history and politics at Trinity College, Dublin, she went on to complete a Broadcast Journalism Diploma at Cardiff University.

Her first job was at BBC Radio Suffolk and she has worked for the BBC ever since, with a stint at BBC Radio Bristol before moving to Radio 5 Live in 2003. Rachel has hosted the Breakfast show since 2010 for which she and her co-host won a Gold Aria award in 2018. She has travelled widely for the network, broadcasting from Rome, Dublin, Kenya, New Zealand and South Africa... and her spare bedroom earlier this year when she had Covid!

Rachel moved to Cheshire in 2011 when the BBC relocated to Salford. She lives surrounded by countryside with her husband, four children, a cat and a dog. As a busy working mother, Rachel is perfectly placed to appreciate the achievements of the remarkable women here today. When she's not working, Rachel can mostly be found walking through the fields near her home, in the local pub, or at Sale Sharks rugby club.







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Cheshire Woman of The Year Award Winner 2018

(This was the last year we made an award)



Lisa Kuhwald

Lisa is mum to four boys, Oscar, now 18, Casper, 16 and 11 year old twins Felix and Herbie.

In 2013, Lisa and her husband, Karl, found that Felix, then just 2, had an incurable disease they had never heard of, Duchenne Muscular Dystrophy. It is the most common fatal genetic disease diagnosed in childhood affecting approximately 1 in 3500 boys and 1 in 50 million girls. Duchenne is a progressive muscle wasting disorder; by the age of 12 many children are confined to a wheelchair. The heart and lungs are affected and it leads to premature death.

The family picked themselves up to fight.... and Team Felix was born, with the aim to fund research into Duchenne and to find viable treatments to help this generation of boys. With the help of family, friends and supporters they organised many events raising thousands of pounds for research.

Just two years later in 2015, Karl passed away after a short battle with cancer. Most people would have understandably fallen apart... but also would have had the time to grieve. Lisa didn't, she held her boys together, enabling them to grieve and flourish as much as they possibly could whilst managing the devastating loss of their Dad. She also knew that she had to continue to raise funds and awareness of this heart-breaking condition.

Lisa now runs the family business and continues to fundraise for Team Felix, working with the charity Duchenne UK. She sits on their Patient Advisory Board and became an Advocacy Support Officer. Prior to the pandemic, with the help of family and her good friend, Sarah, Karl's idea of holding a Family Festival was realised, in his memory, and raised £57,000 for Duchenne UK.

Lisa told us "I don't have a choice; I must fight to help Felix and others with Duchenne, but Sarah and all our other supporters do have that choice. I am constantly blown away by their commitment and generosity to help end Duchenne." This was why Lisa was our Cheshire Woman of the Year in 2018. Her phenomenal strength and courage in the most difficult of situations is awe-inspiring.





Nominations for 2023

Any woman who lives, works or was born in Cheshire can be nominated as a Cheshire Woman of the Year for service to the community, outstanding professional achievement or personal courage.

Why not nominate an amazing woman that **YOU** know for 2023?

For more information about this event or to nominate someone, visit our website

www.cheshirewomanaward.org.uk

If you have any questions or would like to be a future sponsor, please contact us at

info@cheshirewomanaward.org.uk

or

Sylvia Cheater MBE (Chair: Cheshire Woman Award Society) Telephone: 0151 625 7981



Delighted to be part of celebrating Cheshire Woman Award and the NSPCC

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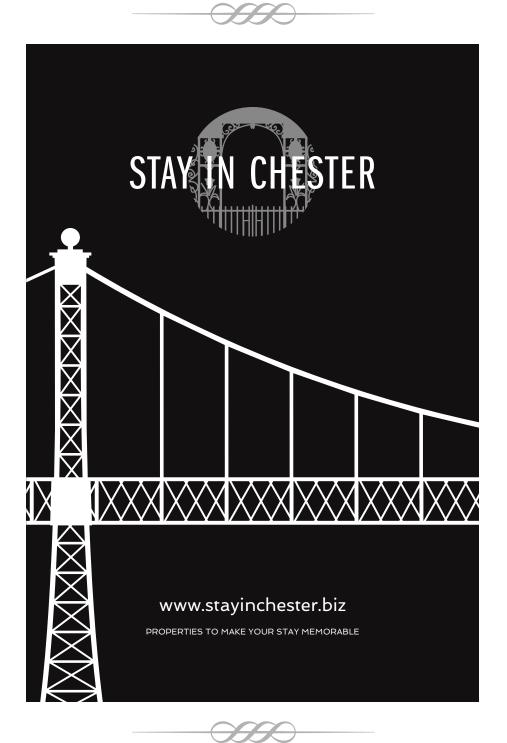
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On behalf of the NSPCC I thank the Cheshire Woman Award Society Committee for organising and hosting this prestigious event and supporting the work of the NSPCC in Cheshire.

No child should suffer abuse but too many are struggling alone with fear, violence, or neglect. We know that half a million children a year suffer abuse in the UK. At home, in school, or online, every child deserves to be safe and happy. With your support, we can protect children today and prevent abuse tomorrow. Every day, our helplines and frontline staff are giving hope to children who feel desperate or invisible. Listening to their worries and fears, we act immediately whenever a child is in danger. By changing the law and speaking out about threats to children, we can stop abuse before it starts. The NSPCC helps millions of children through Childline and our school visits. It is only with your support that we can be there for every child, whenever and wherever they need us. Last year there were 1,332 sexual offences against children under the age of 16 recorded by police in Cheshire. 776 children were the subject of a child protection plan and there were 1,664 children in care in Cheshire.

- On average a child in the UK contacts Childline every 25 seconds.
- In 2020/21 our Childline volunteers delivered over 200,000 counselling sessions to children and young people. We estimate around 3,200 of these young people lived in Cheshire.
- In 2020/21 we delivered the Speak Out, Stay Safe, online programme to 1600 schools across the UK.
- In 2020/21, the NSPCC helpline (0808 800 5000) responded to almost 85,000 contacts from people with concerns about a child's welfare. The Helpline referred 1037 referrals to local agencies in Cheshire such as the police and children's services.
- Around one in ten young people have received a sexual message online. Through our campaigns and work with technology companies and government, we're showing people how to keep children safe.

We rely on supporters for around 90% of our income, without whom our work simply wouldn't be possible. £5 could pay for one of our practitioners to answer a call to the NSPCC Helpline. £8 could pay for two children to speak to a Childline counselor. £25 could pay for a trained practitioner for one hour, supporting parents and families in caring for their children. Together we can improve the lives of children in Cheshire. Together we can give every child a safe childhood.

Deborah Sefton Supporter Fundraising Manager NW 0161 393 4468



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